

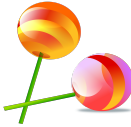
July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 2026 Therapeutic Recreation Calendar The Suffield House and Eagle Pointe Your Recreation Staff >Scott Emmons >Ally Lauf >Natalie Morganson >Natalie Moschetti Questions? Call us at... 860-627-4035	Find us on the web! Suffieldrehab.com Look here.... Our calendar is also on-line!  If you are in need of hair service, stop by the salon to schedule an appointment!		1) Daily Chronicles 9:00 Reiki with Courtney room to room 10:00 Coffee Cart Room to room Ally/Natalie 10:30 Word Games A Dining w/ Nat 1:30  Mr Softee ICE CREAM TRUCK In the front of the building	2) Daily Chronicles Music & BBQ Set up in the courtyard 10:30 Sittercise Rec Room w/ Ally 10:30- Large Crossword w/ Natalie 10:30 Summertime Room visits w/ Nat 12:00 BBQ Independence Day In the courtyard 2:00 July 4th Coloring. B dining 2:00 Independence Day word puzzles Rm to Rm w/ Ally 2:30- Legends Live! Elvis! Rec room- Natalie	3) Nat off Daily Chronicles 10:00 Pet visits with Bailey  Holiday Celebrated 10:30 Celebrating America Concert Rec Room w/Natalie 10:30 Outdoor walks Weather permitting w/ Ally 2:00 Patriotic Bingo Rec Room Natalie/ Ally	4) Nat Daily Chronicles Independence Day  10:30 Coffee and Donuts! Rec room 2:00 Patriotic wreath coloring to hang on your door!

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5) MacKenzie Daily Chronicles 10:30 Coffee & Connections Rec Room  2:00 Rustic Door Decor Craft In the Rec Rm	6) Ally off Daily Chronicles 10:30- July Coloring Sheets B-wing Dining w/Natalie 10:30 Irish Dessert making A Wing w/Nat 10:45- Rosary Rec Room 2:00 A Summer Auction Rec Room Scott / Nat 2:00- July Hangman B wing Dining room w/Natalie	7) Scott in late Daily Chronicles 9:00 Reiki With Courtney room to room 10:30 Conversation Ball Rec Room w/Natalie 10:30 Concentration A dining w/Nat 10:30 Manicures Room to Room w/ Ally 2:00 Armchair Travel to France! Rec room w/Nat 2:00 Balloon toss A wing w/ Ally 6:30 After Dinner Hilltop Creamery out trip* See Scott	8) Nat /Natalie off Daily Chronicles 10:00 Coffee Cart Room to room w/Ally 10:30 It's All About July & July Trivia Rec Room w/ Scott 1:30 BBQ tomorrow - signing up!  2:00 Roll-A-Prize Game Rec Room w/Ally	9) Happy 70th Birthday Tom Hanks! Daily Chronicles Scott 10-12 Conference Call w/ State 10:30- Elvis Trivia! T or F! A- Dining w/Natalie 10:30 Sittercise Rec Room w/ Ally Nat Backroom 12:00 BBQ featuring John Paolillo Under the Boardwalk / At The Beach! 1:30 A Beautiful Day in the Neighborhood <i>on channel 2</i> 2:00- Manicures Room to Room w/Natalie 2:00 Outdoor walks 1:1 Ally 2:00 Favorite Summer Memories Room-room	10) Daily Chronicles 10:00 Outdoor walks with Scott 10:30- Coffee Cart Room to room Natalie/ Nat 10:30 Baking Group Rec Room w/Ally 2:00- Bingo Rec Room Natalie/ Nat 2:00 Balloon Toss A wing Ally	11) Ally Daily Chronicles 10:30 Coffee & concentration Rec Room  2:00 Mojitos & Higher or Lower Game Rec Room

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12) ^{Scott} Daily Chronicles  10:00 Pet visits with Bailey 10:30 Communion And coffee at the Cafe 10:45 Communion room to room  2:00 Who Am I? Couples! Rec room	13) ^{Nat / Natalie off} Daily Chronicles Happy 84th Birthday Harrison Ford!** 10:00 <i>Raiders of the Lost Ark</i> on Channel 2 10:45 Rosary Rec Room 11:15 Sittercise Rec Room 1:30 Indiana Jones <i>on channel 2</i> 1:30 Root Beer Floats room to room 2:00 Left, Right, Center Rec Room Ally	14) Daily Chronicles 10:30- Who Am I? A Dining room w/Nat 10:30 Catholic ** Mass Rec room 11:15- The start of MLB! History and Trivia! Rec Room w/Natalie 2:00 Hungry, Hungry Hippos Game Rec Room w/ Ally/Natalie 2:00 Checkers room-room. w/Nat 8:00 96th Annual Major League Baseball all Star Game!	15) Daily Chronicles 9:00 Reiki With Courtney Room to room 10:30 Summer Pen craft A wing DR w/Ally 10:30 Memory Toss & share a story. B Dining. w/Nat 11:30 medical staff meeting Rec Room 2:00 On the Move Game Room to room 2:00- Balloon Volleyball Rec room Natalie/Nat	16) Daily Chronicles Happy 115th Birthday Ginger Rogers! 10:30 Ring toss Rec Room Ally 10:30 July Historical Events that shaped our country. A Atrium 12:00 Summer BBQ featuring Brad Smolkin In the courtyard 2:00 Outdoor walks 1:1 Ally 2:00 Top Hat on Channel 2 2:00 Word Searches. A dining w/ nat 2:00- Manicures Room to room w/Natalie	17) ^{Scott off} Daily Chronicles Disney Day  10:00 Coffee visits Room to Room w/ Ally 10:30- All about Disney! Trivia Videos and more! Rec room 10:30 Disney Character Coloring A Dining 2:00- Bingo Natalie /Nat Rec Room 2:00 Disney word puzzles Room to Room Ally	18) Natalie Daily Chronicles Happy 108th Birthday Nelson Mandela! 10:30- Coffee Social And This Day In History! Rec Room w/Natalie  2:00- Stevie Wonder Car Pool Karaoke! Rec room w/Natalie 4:00 Happy 102nd Birthday Harriet Sternberg Library

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19) MacKenzie Daily Chronicles 10:30 Coffee and Turtle Craft In the Rec Rm  National Ice cream day  1:30 Sundae Funday! Room to Room	20) ^{Nat off} Daily Chronicles Happy 88th Birthday Natalie Wood!**** 10:30- Sittercise B wing DR 10:45 Rosary Rec Room 11:00- This day in History! Natalie Wood! B Dining Room w/Natalie 1:30**Westside Story on Channel 2 2:00 Resident Council Meeting and 2:45 Dietary Meeting Rec Room 2:00- Would you rather? B Dining Room w/Natalie 2:00Outdoor walks 1:1 w/Ally	21) ^{nat off} Daily Chronicles 9:00 Reiki with Courtney Room to room 10:30- Name that Tune! B Wing w/Natalie 10:30 Manicures Rm to Rm w/Ally 10:45 Biggest, Largest, tallest... come and Guess! Rec Room 1:30 Hilltop Creamery Out trip* See Scott 2:00- Bowling Rec Room w/Natalie/ Ally	22) ^{Nat off} Daily Chronicles 10:30 Coloring group A wing w/Ally  10:15 Suffield Garden Club Rec Room 11:15 Conversation Ball Toss! (after garden club) B Wing w/Natalie 2:00 Water Balloon game Courtyard w/ Ally & Lemonade in the courtyard!	23) Daily Chronicles 10:30 Sittercise Rec Room w/Ally 10:30- True or False Dean Martin! A-Dining Room Manicures w/nat Room-Room 12:00 A Mexican BBQ Featuring Izzy Flores! Courtyard 2:00 History of Alice in Wonderland & Guessing game. A Dining 2:00 Outdoor walks 1:1 w/ Ally 2:00- Natalie Cleaning Game Shelves	24) Happy 129th Birthday Amelia Earhart! Daily Chronicles 10:00 Coffee visits Room to Room w/Ally 10:30- This Day In History! Amelia Earhart! B Dining Room w/Natalie 10:30 It happened in July w/Nat B Atrium 2:00 Summer Social Visits w/ Nat 2:00- BINGO Rec Room w/Natalie/Ally	25) Alex Daily Chronicles 10:30 Summer Coffee social In the rec room 2:00 What will Alex do today?? Rec Room

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26) MacKenzie Daily Chronicles  10:15 Coffee Social In the Rec Rm 10:30 Communion In the Rec Rm 10:45 Communion Rm to Rm  2:00 Pokeno In the Rec Rm	27) Daily Chronicles 10:15 Craft -a-palooza! A dining 10:30 Hangman B wing w/ Ally 10:45 Rosary Rec Room 11:00- Music in Motion A-Dining w/Natalie 2:00 Yahtzee B wing w/ Ally 2:00 Outdoor Walks	28) Daily Chronicles 9:00 Reiki with Courtney Room to room 10:00 Coffee visits Room to Room w/ Ally/ Natalie 10:30 Protestant Church Service Rec Room 10:30 Jeopardy B Atrium 2:00- Sip & Sing! All about Sunshine & lemonade Rec room Nat/ Natalie 2:00 Balloon Toss A wing w/ Ally	29) Daily Chronicles 10:30 Baking Group Rec Room w/ Ally 10:30 Summer coloring sheets w/Natalie B Dining 10:30- Who am I? B Atrium 2:00- Flag of Heroes craft A Dining  2:00 Water gun cup game Courtyard w/ Ally	30) Daily Chronicles Happy 79th Birthday Arnold Schwarzenegger! 10:00 <i>Kindergarten Cop</i> on Channel 2 10:30 Sittercise Rec Room w/ Ally 12:00 Christmas in July BBQ Courtyard Featuring Renee Coro 2:00 Outdoor walks With Ally 2:00- Manicures room to room w/Natalie 2:00 Calendar Flip at the cafe	31) Nat off Daily Chronicles 10:00 Hot off the press!! Your August Calendar visits room to room  10:30 Lollipop Bouquet Craft A wing w/Ally 11:00- This Day In History! Rec Room 2:00 Bingo Rec Room Ally/Natalie	